Christ is Risen! Truly He is Risen!
Happy Mother’s Day!

TODAY’S SCRIPTURE READINGS

Epistle Reading
Acts of the Apostles 5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon’s Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, “Go and stand in the temple and speak to the people all the words of this Life.”

Gospel Reading – Sunday of St. Thomas
John 20:19-31

Oũσῃς οὖν ὑμῖν τὴ ημέρα ἔκεινη τῇ ἤμερᾳ τῆς μιᾶς τῶν σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν ᾿Ιουδαίων, ἦλθεν ὁ ᾿Ιησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς· εἰρήνη ὑμῖν. καὶ τοῦτο εἰπὼν ἔδειξεν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευρὰν αὐτοῦ. ἐχάρησαν οὖν οἱ μαθηταὶ ἰδόντες τὸν Κύριον. εἶπεν οὖν αὐτοῖς ὁ ᾿Ιησοῦς πάλιν· εἰρήνη ὑμῖν. καθὼς ἀπέσταλκέ με ὁ πατήρ, κἀγὼ πέμπω ὑμᾶς. καὶ τοῦτο εἰπὼν ἐνεφύσησε καὶ λέγει αὐτοῖς· λάβετε Πνεῦμα ῾Αγιον· ἄν τινων ἀφῆτε τὰς ἁμαρτίας, ἀφίεν ταις, ἄν τινων κρατῆτε, κεκράτηνται. Θωμᾶς δὲ εἷς ἐκ τῶν δώδεκα, ὁ λεγόμενος Δίδυμος, οὐκ ἦν μετ’ αὐτῶν ὅτε ἦλθεν ὁ ᾿Ιησοῦς. ἔλεγον οὖν αὐτῷ οἱ ἄλλοι μαθηταί· ἑωράκαμεν τὸν Κύριον. ὁ δὲ εἶπεν αὐτοῖς· ἐὰν μὴ ἴδω ἐν ταῖς χερσὶν αὐτοῦ τοὺς τύπους τῶν ᾿Ιατρικίων, καὶ βάλω τὴν χεῖρά μου εἰς τὴν πλευράν αὐτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ᾿ ἡμέρας ὀκτὼ πάλιν ἦσαν οἱ μαθηταὶ αὐτοῦ καὶ Θωμᾶς μετ᾽ αὐτῶν. ἔρχεται ὁ ᾿Ιησοῦς τῶν θυρῶν κεκλεισμένων, καὶ ἔδειξε τίς τὸ μέσον καὶ εἶπεν·
On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand and place it in my side; do not be faithless but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

SAINTS AND FEASTS COMMEMORATED TODAY
- Sunday of Saint Thomas
- Sts. Emmanuel, Theodore, George, and Michael, the Martyrs
- St. Epiphanius, Bishop of Cyprus
- Removal of the Sacred Relics of St. Joachim of Vatopaidi
- St. Germanos, Patriarch of Constantinople
- St. George, the Martyr of Samothrace
- St. Theodoros, the Righteous of Cythera

APOLYTIKION AND KONTAKION HYMNS SUNG AT THE SMALL ENTRANCE

Apolytikion of Great and Holy Pascha (Page 74)

English: Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. Greek: Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας και τοις εν τοις μνήμασι, ζωήν χαρισάμενος.

Phoenetics: Christós anésti ek nékron, thanáto thanátou patísas, ke tis en tis mnímasi zōính charisámenos.

Apolytikion for the Sunday of Saint Thomas
The tomb being sealed, You rose from the sepulcher, O Christ God, the Life. And the doors being shut, You came to the disciples, O resurrection of all. Through them You renew a right spirit within us, according to Your great mercy.

Kontakion of Pascha (Page 74)
Though You descended into the grave, O Immortal One, yet You destroyed the power of Hades, and arose as victor, O Christ God, calling to the myrrh-bearing women "Rejoice," and giving peace to Your Apostles, O You Who grants resurrection to the fallen.

PARISH NEWS AND EVENTS

TODAY’S EVENTS AND ACTIVITIES

Honoring the Mothers of Holy Trinity Church Today!
Today on Mother’s Day all the mothers of our parish are being honored by both the GOYA teens and the dads. All mothers will receive a beautiful flower from our teens upon entering the church. And for the first time, the Mother’s Day Hospitality Hour will be hosted by the Dads of Holy Trinity. Please join them in honoring all these blessed women!
UPCOMING EVENTS AND ANNOUNCEMENTS

Faith & Family Weekdays – Spring 2024
Faith and Family Weekdays is back, and there are many ways for each of us to grow in the knowledge and practice of our faith. Ready to learn more about the Bible, about the Orthodox Church, about navigating life’s challenges as a Christian, a woman, or a man? It’s all there. There’s a lot more to church than Sundays, and here is where to find it..

THIS WEEK:
- **Mon. May 13, 7:00pm:** “Journey to Fullness” – An overview of the Orthodox Christian Faith for newcomers interested in joining or life-long members yearning to deepen their understanding. Videos and Q&A discussion. This spring series will run for 6 sessions: May 13, 20 and June 3, 10, 17 & 24. All are welcome!
- **Wed. May 15, 6:30pm Vespers/7:00pm:** “Explore the Word” - Father Radu leads us through his new book, “Icon of the Kingdom of God.” Drawing on a rich knowledge of scripture, the Church fathers, and theologians, learn what the Church is and what it means to us. Remaining dates are May 15, 22 & 29.
- **Thurs. May 16, 7:00am:** “Prayer & Panera” – Prayer and Christian fellowship for men. Meet at church promptly at 7:00am for a 15–20-minute morning prayer and scripture, then move up the hill to Panera for 45 minutes of coffee & conversation.

Festival Cooking – IT’S BACK!
IT’S NEVER TOO EARLY to get started on our FESTIVAL COOKING 2024! Please mark your calendars and plan to come and help on the following days. Bring the kids, bring your husbands, bring your wives, bring your friends! All are welcome...no experience necessary. Tons of light and heavy tasks for all. THANK YOU!
- **THIS Tuesday, May 14, 9:00am-9:00pm** – Apricot Rolls
- Tuesday, May 21, following Liturgy to 9:00pm – Apricot Rolls, Portokalopita & Finikia Dipping

[May 19] Church School Graduation & Picnic
Please note that the last day of Church School for this semester will be next Sunday, May 19. All students are asked to attend and sit with their class during Liturgy. Following the service, the Church School will have a graduation celebration and picnic lunch. Registration will also be available for the 2024/2025 Church School year. Attention parents: Help is needed with the picnic. Please contact Presvytera Becky to volunteer. Thank you!

[May 21] The Resilience Bowl
Make plans now to attend the Resilience Bowl hosted by Troy & Theodora Polamalu on Tuesday, May 21, 2024, at Acrisure Stadium from 5:00pm until 8:00pm. The Celebrity Flag Football Game will kick off at 6:30pm. It’s the heated head-to-head match-up of coaches Mike Tomlin vs. Bill Cowher and it’s all for a great cause; the Neighborhood Resilience Project. Ticket prices are as follows: General Admission Adult: $20, General Admission Youth (22/under): $10, General Admission Senior (65+): $10, Black & Gold: $300 - includes access to the Black & Gold Reception, Premium Seating & more. Visit https://events.handbid.com/lp/the-resilience-bowl to purchase your tickets today!

[May 27] Memorial Day Service for Veterans
Please gather in front of the Holy Trinity Cemetery War Memorial at 10:00am on Monday, May 27 as we hold a special ceremony to honor and remember our veterans. Please note that this service is to commemorate veterans; it is not a general memorial service for all the departed. That will be held according to Orthodox tradition on the Pentecost weekend Saturday of Souls (June 22 this year) with a Divine Liturgy and Memorial at the Saint George Chapel. Memory Eternal!

Metropolis Summer Camp Registration is Open!
Metropolis Summer Camp registration is open. All active youth participants of Holy Trinity Church may register for camp using the code “SC24HTP” to receive $425 off the registration fee. The code must be used at the time of registration at: y2am.pittsburgh.goarch.org/summercamp. Be sure to register early as these sessions fill up quickly!

[June 10] Holy Trinity Golf Outing
The annual Holy Trinity Golf Outing will be held on Monday, June 10 at Wildwood Golf Club. A registration flyer was included in the May edition of the Herald. Additional copies can be found at the church office window. The deadline for reservations and sponsorships is May 31. Proceeds benefit Holy Trinity Church. All are welcome!
Upcoming Greek Dance Troupe Practice Schedule
The dance troupe will be starting practices to prepare for our festival performances. All dancers who will be dancing need to be fitted for their costumes beginning on Sunday June 2nd. Please find Eleni Dedousis during Hospitality Hour to complete the fitting. The dance practice schedule is below. Currently the schedule only includes HOPE practices. JOY and GOYA schedules will be added soon. Please plan on having your children attend as many of the dance troupe practice sessions as possible. As a reminder, the groups are HOPE (5 years old through 2nd grade), JOY (3rd through 6th grade) and GOYA (7th through 12th grade). All practices will be held at Holy Trinity Church. Please feel free to reach out with any questions to Eleni Dedousis (412-953-3699) or Victoria Andromalos-Dale (412-496-9128).

- Sunday, May 26: HOPE, during Hospitality Hour
- Sunday, June 2: HOPE, during Hospitality Hour
- Sunday, June 23: HOPE, during Hospitality Hour
- Sunday, June 30: HOPE, during Hospitality Hour

2024 “Stewardship Independence Mountain” – Have You Joined the Climb? We Need You!
Holy Trinity Church and all its ministries are made possible through the generous donations and support of our stewards, who offer their time, talents, and treasures throughout the year. If you have not yet received a printed pledge card, you may pick one up in the Narthex or call the office at (412-366-8700) to request one to be sent by mail. You also have the option of making your 2024 Stewardship Pledge ONLINE through our new Realm system. It’s so easy! Just visit our website at HolyTrinityPgh.org/pledge or click the “2024 Stewardship Pledge” icon on the front page. Remember, every Holy Trinity member who pledges or donates already has a Realm account, and that makes pledging, giving, and reporting so much easier! You can even access your giving statement any time from your account without waiting for it to be mailed or emailed. Not sure how to access your account? Just visit HolyTrinityPgh.org/give and click “Sign In.” Use your email address and password to login. Don’t know your password? Simply click “Forgot password” and a link will be emailed to you to create or re-create one. And remember, 2024 is the year we ask everyone to make a “Stewardship Independence Pledge” as we together climb Holy Trinity’s “Stewardship Independence Mountain” to fully support our church with internal funding and your love.

Welcome, Holy Trinity Guests!
We welcome all our guests to Holy Trinity Church today, whether as visitors from out of town, family members joining others here for worship today or even soon-to-be members here for the first time. No matter what the reason the Holy Spirit brought you here today, we welcome you with open arms and hearts filled with the love of Christ. Please help us welcome you by signing in at the hospitality table in the Narthex, where you will be presented with a yellow lapel Cross to help us know that you’re here. Please fill out an information card so we can contact you with any information you may need concerning life here at Holy Trinity Church. Following Liturgy, we invite you to join us for our Hospitality hour.

About Receiving Holy Communion in the Orthodox Church
We welcome all who have come to worship with us today. Whether you are an Orthodox Christian, an inquirer to the faith or a first-time guest in an Orthodox Church, we are pleased to have you with us and thankful for the opportunity to share and bear witness to this ancient and timeless Faith. In accordance with the holy canons and traditions of the Church, please note that Holy Communion and the other Holy Mysteries (Sacraments) are received only by those who are baptized and chrismated (confirmed) Orthodox Christians who have properly prepared through prayer, fasting and confession. All others are invited receive the antidoron (blessed bread) and a blessing from the priest at the conclusion of the Divine Liturgy. Please also join our parish family for Hospitality Hour and allow us to meet and welcome you. Interested in joining or learning more about the Orthodox Christian Faith? Please see one of our priests or complete a visitor’s card today! How to receive: Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyone wearing lipstick should remove it before receiving. Be sure to offer your baptismal name to priest before receiving. Please take great care that the red cloth held by the acolytes (you should not hold it) is fully under your chin, then use the centuries-old practice of receiving: please fully open your mouth, then gently close your lips to make sure the Holy Gifts are securely in your mouth and so that none of the holy and precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation, and may God have mercy on us all!

Upcoming Memorials: May 19: Alex Alexiadis (1 year), Mary Alexiadis (7 years), Theologia Alexiadis (31 years), Michael Alexiadis (47 years)