



Because of you, life doesn't stop
VitalToLife

Sponsored By:
St. Paraskevi Philoptochos
St. George Greek
Orthodox Church

Sunday, February 5, 2023
9:00 am - 3:00 pm

818 Valley Road
Clifton, NJ 07013

Contact Phyllis at 201.602.0632 or email
at pmagiros@verizon.net to make
an appointment

* Also check swab donation for Andrea

Appointments strongly recommended.

You may also make an appointment using the link below or QR code:
https://donor.cbsblood.org/donor/schedules/drive_schedule/56163

For more information or to schedule a donation,
call 1.877.258.4825 or visit us at vitalant.org
Find us @vitalant   

Donor Guidelines:

- * **Weigh at least 110 lbs**
- * **Bring ID**
- * **Eat a meal before donation**
- * **Drink plenty of water before and after donation**

Ann
BLOOD RECIPIENT:

"I wish I could tell my donor how grateful I am for your selfless act. You may have wondered what became of your donation well, it saved my life."



vitalant  SM