OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

Show compassion on the poor

and distressed. Trust in God,

not yourself and ask for His help

Fast - Free Week **FEBRUARY 25th**

Normal Fast Week



TRIODION WEEKS Publican and the Pharisee

Epistle: 2 Timothy 3:10-15 Luke 18:10-14 Gospel:

The Prodigal Son Returns!

Epistle: Luke 15:11-32 Gospel:

before every task this week. Schedule a Confession. Every morning 1 Corinthians 6:12-20

Meatfare

MARCH 3rd



The Last Judgement

Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46

say, "Today I will be humble." Use up/freeze meats this week. Pray facing East this week.

Christ is returning from the East and we wait for Him!

Use up/freeze dairy this week.

Cheesefare

MARCH 17th **FAREWELL TO CHEESE TODAY**



Adam and Eve are cast from Paradise! **FORGIVENESS SUNDAY**

Epistle: Romans 13:11-14:4 Matthew 6:14-21 Gospel:

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent

MARCH 24th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Hebrews 11:24-26, 32-12:2 Epistle:

Gospel: John 1:43-51 Bring an icon to church for a procession.

2nd Sunday of Lent

MARCH 31st



ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3

Mark 2:1-12 Gospel:

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent

APRIL 7th



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA!

Hebrews 4:14-5:6 Epistle: Mark 8:34-9:1 Gospel:

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent

APRIL 14th



ST JOHN of the LADDER

Epistle: Hebrews 6:13-20 Mark 9:17-31 Gospel:

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent

APRIL 21st



ST MARY of EGYPT

Hebrews 9:11-14 Epistle: Mark 10:32-45 Gospel:

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!



GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Epistle: Philippians 4:4-9 Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY

MAY 3rd



GREAT AND HOLY FRIDAY

JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV. Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!

MAY 5th NO FASTING!



BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!